

COVID19 - CLUB POSITION RE OFFICIALS / CHILDREN TAKING PART IN TRAINING / MATCHES

Children sent home from school with symptoms

It is the responsibility of the parent to decide if they wish to self-isolate or to seek a COVID test.

- If the decision is to self-isolate the child is not permitted to attend training or football for the number of days per the specified quarantine issued by the NHS from when symptoms started
- If a test is taken the child is not allowed to attend training or football until the result is given.
 - A negative result means the child can return to training & football immediately
 - A positive result means the child cannot attend training or football & must self-isolate for the number of days per the specified quarantine issued by the NHS from when symptoms started (no matter how mild). After the NHS specified guideline days, if they still have a temperature they should continue to self-isolate & seek medical advice.
- Household / close contacts who live with the case, must stay at home for the duration of days specified by the NHS guidelines. If they develop symptoms they need to seek medical advice on their course of action & arrange a test.

Children sent home from school & told to self-isolate

It is the responsibility of the parent to decide if they wish to self-isolate or to seek a COVID test.

- If the decision is to self-isolate the child is not permitted to attend training or football for the number of days per the specified quarantine issued by the NHS from when symptoms started
- If a test is taken the child is not allowed to attend training or football until the result is given.
 - A negative result means the child can return to training & football immediately
 - A positive result means the child cannot attend training or football & must self-isolate for the number of days per the specified quarantine issued by the NHS from when symptoms started (no matter how mild). After the NHS specified guideline days, if they still have a temperature they should continue to self-isolate & seek medical advice.
- Household / close contacts who live with the case, must stay at home for the duration of days specified by the NHS guidelines. If they develop symptoms they need to seek medical advice on their course of action & arrange a test.

Children sent home from school because they have been in close contact with someone who has tested positive

They should self isolate & only get a test if they subsequently develop symptoms themselves.

Children sent home from school because a member of their class has shown symptoms

- There is no requirement to self-isolate & the player can take part in training or football.
- If the child subsequently shows symptoms they must follow the guidance laid down by the government

Coach shows symptoms

- They should self-isolate for the number of days per the specified quarantine issued by the NHS from when symptoms started & arrange a COVID test.
- The coach should not attend training / football or any other setting until they have their result
 - A negative result means the child can return to training & football immediately
 - A positive result means the child cannot attend training or football & must self-isolate for the number of days per the specified quarantine issued by the NHS from when symptoms started (no matter how mild). After the NHS specified guideline days, if they still have a temperature they should continue to self-isolate & seek medical advice.
- Household / close contacts who live with the case, must stay at home for the duration of days specified by the NHS guidelines. If they develop symptoms they need to seek medical advice on their course of action & arrange a test.

Coach / player has had COVID19 but is now recovered

A long as the player is

- (i) no longer symptomatic
- (ii) has fully recovered
- (iii) have finished the specified quarantine period

then it is fine for them to start training / playing. However the coach / player should seek advice from a medical professional on when is best to return to exercise. They must not rush back if they do not feel well enough.

What happens if I have played an opposition team & one of their players has tested positive for COVID

Match play is not considered close contact so no action is needed unless individuals experience symptoms in which case they must self-isolate from that point as per Government advice.

What happens if a coach, player or spectator shows COVID19 symptoms before, during or after a match

- All players, officials, volunteers & spectators must undergo self assessment for any COVID19 symptoms & complete a full risk assessment as set out in the FA's guidance.
- If a participant becomes COVID19 symptomatic during the activity, they should immediately remove themselves from the session & return home as soon as possible. NHS guidance on further management of symptoms should be followed.
- If an individual becomes symptomatic post an activity they must follow the NHS Test & Trace guidance. They should also inform the team manager & the club COVID19 officer.

Government guidance on travel

- Medium - there are no restrictions on travel
- High - there are no restrictions on travel for sport or exercise, but you should aim to reduce the numbers of journeys you make where possible.
- Very High – You are advised not to travel into or out of areas that have a very high alert level, including for sport. This does not apply to supervised sport & physical activity for under 18s.